

Sadhu Vaswani College, Bairagarh, Bhopal



Govt. Aided Institution, Affiliated to Barkatullah University Bhopal



SPORTS

2019-2021



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ABOUT SPORTS AT COLLEGE LEVEL

Sport (or sports) is all forms of usually competitive physical activity which, through casual or organized participation, aim to use, maintain or improve physical ability and skills while providing entertainment to participants, and in some cases, spectators. Hundreds of sports exist, from those requiring only two participants, through to those with hundreds of simultaneous participants, either in teams or competing as individuals.

Sport is generally recognized as activities which are based in physical athleticism or physical dexterity. A number of competitive, but non-physical, activities claim recognition as mind sports. Sports are usually governed by a set of rules or customs, which serve to ensure fair competition, and allow consistent adjudication of the winner. Winning can be determined by physical events such as scoring goals or crossing a line first, or by the determination of judges who are scoring elements of the sporting performance, including objective or subjective measures such as technical performance or artistic impression.

Sadhu Vaswani College aims at all round development of its students for which it lays equal emphasis on classroom education as well as development of vocational skills, inculcating the sportsmanship in them and thereby developing them physically, mentally and spiritually before stepping into the real world. It is for the fulfillment of this aim that the college has constituted the SPORTS COMMITTEE which looks into the physical development of the students as well as promotion of healthy competition among the students.

AIMS OF SPORTS COMMITTEE

- Sport is a social tool basically aims at life quality improvement. This aspect is considered in its widest concept, blending the objectives of sports initiation, good physical condition, free time and inclusion'.
- We consider Sports for Everyone as the practice of physical activities and sports aimed at the whole population, without any discrimination of age, sex, physical, social, cultural or ethnic condition, diverse in its manifestations, and generative of situations in which inclusion takes place, since we believe sport is an ideal environment for social development.
- Youth sports present students with opportunities for fun, socialization, forming peer relationships, physical fitness, and athletic scholarships,
- The competition element of sport, along with the aesthetic appeal of some sports, result in the popularity of people attending to watch sport being played. This has led to the specific phenomenon of spectator sport. Both amateur and professional sports attract spectators.
- Develop and share among student education, information, and leadership skills in the field of sports.
- Encourage students to promote the active participation by all youth in fun and healthy physical activities according to their interests and abilities.
- Promote universal recognition that organized youth sports can develop positive attributes including healthier lifestyles, self-esteem, fair play and good citizenship.

FUNCTIONING OF THE SPORTS COMMITTEE

- The sports committee functions by carrying out meetings of its members, planning and execution via discussion on a regular basis keeping in view the academic planner of the college.
- The committee maintains written records of all its internal meetings, decisions, plans, sports schedules, expenses etc.
- The sports committee stays in contact with the external organizers of different sports events so that the students may be promoted for it.

- The day to day activities like learning and practice of sports are carried out in the guidance of the coach and supervision of the committee convener and members for the students in the respective grounds and the sports room.

DIFFERENT SPORTS PROMOTED BY THE COLLEGE

The Sports Committee is involved in promotion of sports at two levels in the college enumerated below

- **Regular Sports:**

These involve the sports like badminton, table tennis, football, cricket, chess, basketball, volleyball etc which are played and practiced by the students on a regular basis in the college. Proper guidance and support is provided to students by the committee member. These activities are carried on by students under supervision of the coach of the college. The students engage in these sports both for recreational aims as well as for developing the skills for emerging strong contenders to join college teams.

- **Annual Sports:**

These sports involve the sports activity in which all students of the college compete during the Annual Sports of the College held once every year. These include a wide range of activities including discuss throw, Javlin throw, chess, table tennis, badminton, 100m/200m racing.

SPORTS RESOURCE DETAILS

Sport	Resources
Cricket	Halmet-9,Pad-17,Net-01,Stumps-10,Batsman Gloves-08,Bats-13,Leather ball-37, Keeping gloves-04,Kitbag-02
Football	Goal Keeper Glove-1 pair,Football-03, Post-1 pair

Volleyball	Volleyball-03
Table Tennis	Tables-02,Racket -05
Badminton	Racket-12,Shuttle(plastic)-08, Shuttle(Fanta)-02
Basketball	Basketball-02 ,Post-01 pair
Javelin Throw	Javlin-10
Discuss Throw	Discuss-02
Chess	Chessboard-09

Besides the above sports the college also provides facility of gymnasium to its students which are equipped with 3 exercise benches with weight.

ACHIEVEMENTS

2020

वार्षिक :-

प्रतिवर्ष की तरह इस वर्ष भी महाविद्यालय में विभिन्न प्रकार की गतिविधियां सम्पन्न हुई जिसके अंतर्गत महाविद्यालय स्तर पर शंतरज, बैडमिंटन, टेबल टेनिस, वॉलीबाल एवं एथलेटिक की प्रतियोगिताएं सम्पन्न हुई। इसके अतिरिक्त महाविद्यालय की क्रिकेट टीम में जिला स्तरीय प्रतियोगिता में भाग लिया एवं सेमी फाइनल स्तर तक खेल का प्रदर्शन किया जिसमें से एक छात्र मंयक ने आल इंडिया की विजय ट्रॉफी में खेलते हुए महाविद्यालय का नाम राष्ट्रीय स्तर पर रोषन किया।

महाविद्यालय से इस वर्ष संभागीय स्तर पर वॉलीबाल टुर्नामेंट स्तर का आयोजन किया जिसमें संभागीय स्तर की टीमों ने भाग लिया। जिसमें

जवाहरलाल नेहरू महाविद्यालय की टीम विजयी हुई













COMMITTEE ACHIEVEMENTS

The committee has been able to achieve certain goals that it had decided in its earlier plans during the past few years which are listed below

- Construction of court both for volleyball and basketball in the college has been accomplished successfully.
- The committee also has regularly focused in making students to compete at inter college and university level which showed up during all this time when the students participated in intervarsity tournaments.

FUTURE PLANS OF THE COMMITTEE

Proposals Consideration

- The committee has proposed the construction of a mini- stadium in the near future to take the sports in college at a higher level.
- The committee also plans to introduce new sports like hockey and snooker for the students
- The involvement of girl student is observed to be low so we aim to motivate them and getting higher participation from them as well.

- The committee is looking forward to introduce scholarship in the field of sports so that students are actively inclined in the different sports.

College Level Games

1. Boys Volley Ball
2. Mixed Volley Ball
3. Athletics
- 4.100 Meter Race Boys
- 5.100 Meter Girls
- 6.200 Meters Race Boys
7. 200 Meters Race Girls
8. 400 Meters Race Boys
9. Gola Throw Boys
10. Table Tennis Boys
- 11.Table Tennis Girls
12. Boys Singles
13. Girls Singles
14. Boy's Doubles
15. Girls Doubles
16. Mix Doubles
17. Badminton Boys
18. Boys Singles
19. Girls Singles
20. Boy's Doubles
21. Girls Doubles
22. Mix Doubles
23. Cricket
- 24 Basketball
25. Hocky
26. Football

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